



## Press Release

DATE 23/09/2010

For Immediate Release

### **No Name Club to be established in Sligo Town**

***Public meeting will seek adult volunteers to deliver a club to provide teenagers with healthy and fun activities***

The **No Name Club**, a national youth organisation that empowers young people by providing them with a wide range of activities, is establishing a club in **Sligo Town**.

Moves are afoot to set up an **adult committee** that will oversee the running of the new club and a **public meeting** has been organised for **Thursday, October 7th at 7.30pm** at **The Glasshouse Hotel, Swan Point**.

The adult committee within a No Name Club works with the teenagers to deliver events and activities that are free from the pressures of alcohol or other drugs. **Anthony McCormack, Development Manager with the No Name Club explains:** *“The adult committee will oversee the running of the club but it is the teenagers, who are given the title of hosts and hostesses, who will run the various events and activities for their peers within the community. This empowers young people and provides them with leadership skills that will stand to them as they move into adulthood. We believe this is an excellent opportunity for the people of Sligo to help them provide young people within the community with healthy and fun activities and allow them to develop their character, self-worth leadership skills.”*

The adult volunteers will be provided with training such as an Induction to the No Name Club and child protection awareness. They will also be afforded an opportunity to avail of the No Name Club's health related programme that delivers training in modules that cover physical health; drugs and alcohol; mental health; healthy activities; assertiveness and self-esteem; and sexual health.

No Name Clubs are well established in the West, with 13 in Mayo, five in Galway, two in Donegal, one in Roscommon and one in Tubbercurry. The close proximity of clubs such as Donegal, Tubbercurry and Ballina in Mayo will create a great opportunity for young people in Sligo to interact with other young people in the surrounding area. *"We believe the success we have had within the West and the benefits we have brought to communities across Ireland can be brought to bear in Sligo,"* Anthony McCormack adds.

There are 43 across Ireland and these bring 15-18 year olds together in safe and lively environments that are free from the pressures of alcohol or other drugs. They deliver a host of activities and these can include discos, games, sports events, social evenings, talent competitions, cookery and arts and crafts. They organise day trips and weekends away and the organisation runs annual regional and national talent competition and national youth awards. Its National Youth Awards and Super Talent Competition bring teenagers together at regional and national level. It also works with its teenagers to help them address issues affecting young people, and projects addressing alcohol, drug abuse, health, diet and nutrition, health and road safety have been run in the past. Agencies such as the HSE, Road Safety Authority and An Garda Síochána work with the organisation and its members.

Anyone interested in finding out **more information** about volunteering can contact **Anthony McCormack** at **087 2865073**.

***Press release issued by Michael McGlynn, Communications Officer with No Name Club. For further information you can contact him at 045 435444 or 087 9082970.***

#### **Note for the Editor**

No Name Club is a National Voluntary Youth Organisation founded in 1978 and has 43 clubs throughout the country. No Name Clubs are run by and for young people aged 15 years + who come together in a safe and lively environment where there's fun, friendship and enjoyment without the

pressure of alcohol or other drugs. No Name Clubs were founded to provide an alternative to pub culture for young people in Ireland. They demonstrate a lifestyle in which the use of alcohol or drugs is seen as unnecessary to the enjoyment of a happy, cheerful and fulfilling social life for young people. Over the last 30 years, thousands of young people have valued their involvement in a programme of activities that allow them to enjoy themselves socially with their peers in a safe and friendly environment, free from the dangers and influences of alcohol and drugs. At present there are over 15,000 young people involved with No Name Clubs throughout the country.