



Press Release

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For Immediate Release

No Name Club wants Galway volunteers

The **No Name Club**, a national youth organisation that provides teenagers with a wide range of activities and works with them to develop their leadership skills, is establishing itself in Galway City and looking for **adult volunteers** to help it run its newest club.

The organisation is now seeking adult volunteers who will oversee the running of a club in Galway City and work with the teenage leaders, who are known as host and hostesses, to deliver the activities and events that are organised by No Name Clubs. Galway already has No Name Clubs in Athenry, Claregalway, Gort, Headford and Mountbellew.

Anthony McCormack, No Name Club Development Manager says: *“This club will be an excellent outlet for teenagers in Galway City and our adult volunteers will help them develop their confidence and leadership skills. Our adult volunteers play a lead role in providing young people with recreational options during their teenage years. We provide our adult volunteers with training that will inform them of the No Name Club and also in child protection.”*

Over 40 No Name Clubs are operational in towns around Ireland and these provide a wide range of activities that are delivered within the club, at community and at national level. The clubs cater for teenagers aged 15+ and they play a key role in running their club and are

supported in doing so by adult volunteers. The clubs' activities are delivered in environments that are free from the pressures of alcohol or other drugs.

No Name Clubs activities can include discos, games, sports events, social evenings, talent competitions, cookery and arts and crafts. They also work within communities and organise day trips and weekends away. The organisation runs an annual national talent competition and national youth awards. It also works with its teenagers to help them address issues affecting young people, and projects addressing alcohol, drug abuse, health, diet and nutrition, mental health and road safety have been run in the past. Agencies such as the HSE, Road Safety Authority and An Garda Síochána work with the No Name Club and its members.

Anyone interested in finding out **more information** about volunteering can contact **Anthony McCormack, No Name Development Manager at 087 2865073.**

Press release issued by Michael McGlynn, Communications Officer with No Name Club. For further information you can contact him at 045 435444 or 087 9082970.

Note for the Editor

No Name Club is a National Voluntary Youth Organisation founded in 1978 and has 45 clubs throughout the country. No Name Clubs are run by and for young people aged 15 years + who come together in a safe and lively environment where there's fun, friendship and enjoyment without the pressure of alcohol or other drugs. No Name Clubs were founded to provide an alternative to pub culture for young people in Ireland. They demonstrate a lifestyle in which the use of alcohol or drugs is seen as unnecessary to the enjoyment of a happy, cheerful and fulfilling social life for young people. Over the last 30 years, thousands of young people have valued their involvement in a programme of activities that allow them to enjoy themselves socially with their peers in a safe and friendly environment, free from the dangers and influences of alcohol and drugs. At present there are over 15,000 young people involved with No Name Clubs throughout the country.